



2022-2023
Dancer and Family
Handbook

2743 NC 105, Suite C
Boone, NC 28607
(828) 263-4823

Facebook: *The Space at Project Dance*
Instagram: *thespaceatprojectdance*
Email: thespace@projectdance.com

THE SPACE @ PROJECT DANCE

The Space @ Project Dance provides premier training for dancers to achieve their goals and reach their fullest potential by offering a variety of styles and levels, performance opportunities and customized instruction from a uniquely qualified professional teaching faculty.

OUR MISSION

The Space @ Project Dance,
a program area of The Project Dance Foundation,
provides premier training for dancers to achieve their goals
and reach their fullest potential.

OUR CULTURE

The Space at Project Dance is committed to demonstrating a positive and respectful learning environment through the encouragement of the fundamental values of optimism, respect, sharing, encouragement and creativity among the members of its faculty, enrolled students, administration staff and parents/guardians of enrolled students.

Let's work together to appreciate these values as guiding principles of professional conduct throughout the year.

OUR OFFERINGS

Beginner through Pre-professional class offerings include:
Classical Ballet, Jazz, Tap, Contemporary, Acro Arts and Modern
for ages 4 and up

2020-2021 FACULTY:

Cheryl Cutlip
Amanda Chandler
Brooke Church Handy
Anne Jordan
Claudia Palta
Brad Parquette
Emma Pinnix

CLASS DESCRIPTIONS

PRE-BALLET I- Students focus on good posture and proper alignment. Simple stretches, isolation exercises, and sections of creative movement to help to develop strength, flexibility and body awareness . Traveling movements such as gallops, skips and waltz steps encourage coordination and musicality. Listening skills and classroom etiquette are emphasized.

PRE-BALLET II- Is a continuation of the work begun in Pre-Ballet 1. Children will be expected to focus for a longer period of time on the more advanced exercises that will prepare them for the rigors of Ballet 1. We will also introduce elements of tap which will further inform rhythm and the connections of sounds to body movement.

BALLET I- Students learn the basic ballet positions, the progression of a standard ballet barre, and the french vocabulary that defines all of the steps in classical ballet. These students also move into beginning centre work, away from the support of the barre.

BALLET II, III, IV- Students progress through these levels as through grades in any school: however, all students move at different rates. Some spend more than two years in one level while the mind and body learn to work together; some may progress much faster. When the student has learned the ballet technique appropriate for each level and when the student's body has become strong enough to accomplish those movements, then at the discretion of the instructor, the student is moved to the next level. Advancement is based on ability, not age. In this way the student begins to assimilate the layers of knowledge that form the foundation of ballet.

JAZZ I, II, III, IV-Jazz class will focus on learning proper dance technique such as isolations of the body, improving performance quality and developing complex rhythms and patterns. Students will be exposed to various styles of jazz such as Broadway, Street and Contemporary to help develop a well rounded dancer.

TAP I, II, III, IV-Tap classes are designed to develop rhythm, style and sound. Students will learn a variety of tap styles from Broadway to Rhythm tap. Exercises focus on building flexibility of the knee and ankles, coordination, and speed of movement.

CONTEMPORARY & MODERN: Teachers incorporate an eclectic blend of contemporary and post-modern movement into their classes. Modern and Contemporary Dance forms allow students to explore their individual dance style outside of the structure of traditional ballet and jazz classes.

OPEN BALLET CLASSES: Scheduled ballet classes that are labeled "open" allow students to enjoy taking classes without being enrolled in our leveled (I, II, III, IV) ballet program. These classes are geared to the dancer who is seeking additional classes within their week. Regular monthly enrollment is required.

ACRO ARTS:

Created by a successful studio owner with decades of experience, Acrobatic Arts runs training and certification courses for dance teachers in the art of AcroDance. The program is based on safe and effective progressions with proven results in five divisions of AcroDance: Flexibility, Strength,

Balancing, Limbering and Tumbling. Developed with input from professionals and experts in ballet, modern dance, jazz, contortion, artistic gymnastics, rhythmic gymnastics, sport acrobatics, yoga, acro yoga, pilates, physiotherapy, hand balancing and more, you will not find a more comprehensive program. Simple thoughtful progressions take the beginner preschool level dancer from log rolls and summersaults to the advanced dancer tumbling effortlessly across the stage!

CLASS PLACEMENT AND SELECTION

Class selection will be used to place students by interest but class placement is based on the dancer's level of experience and made by our faculty.

You may qualify for an unlimited class rate which will be determined by our faculty.

Our goal is to customize training opportunities that allow each dancer to thrive at their potential, interests and experience level.

Ballet I students attend **1 day weekly**.

Ballet II students attend **1 days weekly** with the option of **2 days weekly**.

Ballet III students attend **2 days weekly** with the option of **3 days weekly**.

Ballet IV students attend **3 days weekly** with the option to attend any and all lower level ballet classes if on the unlimited plan.

Notes:

Unlimited Class students should select classes they intend to attend each week on a regular basis. If regular attendance is not maintained, you may be asked to drop the class in order to allow someone else to attend the class.

Also, it is advised for unlimited class students to consider taking additional ballet classes 1 level below their current placement level. For example, if you are a level III, we encourage you to take at least 1 level II class weekly to achieve maximum growth throughout the year.

Unlimited class students **WILL NOT** be permitted in classes **ABOVE** their current training level.

CLASS SCHEDULE

MONDAY

Ballet I, Anne, 3:30-4:30 (\$65)
Jazz 1, Anne, 4:30-5:00 (\$35)
Tap 1, Anne, 4:30-5:30 (\$35)
(Tap/Jazz 1 combined rate \$65)
Modern 3/4 Anne, 5:45-6:45 (\$65)
Acro Arts 3/4, Anne, 7:00-8:00 (\$65)
Tap 4, Cheryl 8:15-9:00 (\$57)

TUESDAY

Ballet 2, Brad, 3:15-4:15 (\$65)
Ballet 3, Brad 4:15-5:30 (\$70)
Ballet 4, Brad, 5:30-6:45 (\$70)
Adv Commercial Jazz 4, Brooke, 6:45-7:45 (\$65)
Adv Contemporary 4, Brooke, 7:45-8:45 (\$65)

WEDNESDAY

Acro Arts 1/2, Anne, 3:15-4:15 (\$65)
Jazz 3, Anne, 4:15-5:00 (\$57)
Tap 3, Anne 5:00-5:30 (\$35)
(Tap/Jazz 3 combined rate is \$70)
Pointe 3, Anne, 5:45-6:15 (\$35)
Pointe 4 Anne 6:15-6:45 (\$35)
Ballet 3/4, Claudia 6:45-7:45 (\$65)
Int/Adv Jazz 4, Claudia 7:45-8:45 (\$65)

THURSDAY

Pre-Ballet, 3:30-4:15 (\$57)
Jazz 2, Cheryl 4:15-5:00 (\$57)
Tap 2, 5:00-5:30 (\$35)
(Jazz/Tap 2 combined rate \$70)
Ballet 2, Brad, 5:30-6:30 (\$65)
Ballet 3, Brad, 6:30-7:45 (\$70)
Ballet 4, 7:45-9:00 (\$70)

FRIDAY

Pre-Ballet, 3:15-4:00 (\$57)
TBA, 4:00-5:00 (\$65)
Int Cont, Amanda, 5:00-6:00 (\$65)
Musical Theatre, Amanda, 6:00-7:00 (\$65)

SATURDAY

Carolina Snowbelle Rehearsals (TBA)
Contemporary Company Rehearsals (TBA)

TUITION RATES

30 Minute Class -\$35
45 Minute Class-\$57 monthly
1 Hour Class-\$65 monthly
1.25 Hour Class- \$70 monthly
1.50 Hour Class-\$75 monthly
1.75 Hour Class-\$85 monthly
2 Hour Class-\$95 monthly

UNLIMITED RATES

Level 2 Unlimited Class Monthly Rate-\$275
Level 3 Unlimited Class Monthly Rate-\$375
Level 4 Unlimited Class Monthly Rate-\$425

SIBLING DISCOUNT -10% off of overall total monthly fees

TUITION PAYMENTS

*Monthly tuition payments are due during the first day of each month.

*Failure to provide payment on the due date will result in a \$10 late fee upon said payment.

INVOICING

Enrolled students receive a monthly invoice via Square. We provide 4 easy payment options and ask that you consistently choose the one that works for you in order to process your payments. These payment options and recurring payment instructions will be given to you during placement week August 24.

9 EQUAL PAYMENTS DUE

September 1
October 1
November 1
December 1
January 1
February 1
March 1
April 1
May

ARRIVAL/DEPARTURE

We ask that dancers arrive no more than 5 minutes prior to their scheduled class time. Please wait in your vehicle until the class before you are released. This allows for a brief exchange of students from one class to the next. You may continue to enter and exit through the front door between classes. Remove your street shoes before stepping onto the marley. You can leave your shoes outside or walk them back to the tall white shoe cabinet in the dressing room.

There is also a back entrance. Walk to the right of the studio door and around the building, across the pavers and to the studio door. The door code is 4137. When using the back entrance, we do ask that parents escort their child into the studio. This is for safety purposes.

Please pick up your dancer on time. We're going to try our very best to minimize the number of students who need to wait in the dressing area. During nice weather, we may ask your dancer to wait outside in front of the benches where we can keep our eye on them until they are picked up.

We will utilize the cubbies once again so dancers may bring in a "small" dance bag. (no school backpacks for example). Remind your dancer to store their dance bags in the proper cubby rather than laying them on the floor.

WIFI

Wifi is available in our parking lot and in the studio:
Spectrum 37-2G
password is: energymuseum671

DRESS CODE: Pre-Professional Ballet Program

	PreBallet	Ballet I	Ballet II	Ballet III	Ballet IV	Men
Leotard Color	Light Pink	Fuschia	Light Blue	Lavendar	Black	
Fitted T-shirt						White or Black
Tights	Pink	Pink	Pink	Pink	Pink	Black
Shoes	Pink	Pink	Pink	Pink	Pink	Black or White
Hair	Pulled back in Bun	Pulled back in Bun	Pulled back in Bun	Pulled back in Bun	Pulled back in Bun	

***Our male dancers; if black bike shorts are worn instead of tights, thin ankle length, socks matching the color of shoes and a dance belt/athletic supporter should be worn.**

DRESS CODE: OTHER CLASSES

	Tap I & II	Tap III & IV	Jazz I-IV	Cont	Modern	Open Ballet	Acro Arts
Leotard Color			Solid Colored	Solid Colored	Solid Colored	Solid Colored	Any
Tops	Fitted	Fitted			Long Sleeved T		Fitted
Bottoms	Fitted	Fitted	Fitted ankle length	Fitted leggings	Leggings	Skirts OK for adults	Fitted
Tights				Tan		Pink	
Shoes	Flat black with hard sole	Flat black with hard sole 2.5' tan tap heels	Flat black slip on **2.5 tan heels	Flat tan jazz		Pink Ballet	Barefoot
Hair *	Pulled Back	Pulled back	Pulled back	Pulled Back	Pulled back		Pulled back

***HAIR: pulled away but no long ponytails**

****SHOES: Jazz I&II flat black only. Jazz III & IV flat jazz and tan heels**

SHOE RECOMMENDATIONS

(the electronic version includes hyperlinks to suggested shoe styles)

Children's Shoe Options for Level I and II, or as necessary as based on shoe size

[Black Flat, with Hard Sole Tap Shoes](#)

[Black Flat slip on Jazz Shoes](#)

Adult Shoe Options for Level III and IV

[Black Tap, with Hard Sole, Tap Shoes](#)

[Tan 2.5" heel Character Taps](#)

Black, Flat, Slip on, Jazz Shoes
Tan, 2.5" heel, Character Shoes

STUDIO ETIQUETTE

Each faculty member will instruct dancers of their expectations in class.

- Water bottles are permitted in the studio area clearly name labeled and against the back or side wall during class time.
- All food/snacks should be eaten outside and disposed of in the bathroom or at your home.
- Please clean up after yourselves and keep your personal belongings neat and organized in your dance bag.
Only bring into the studio what will be used for class. (no extra backpacks/coats/etc.)
- Utilize the cubbies as much as possible and place your street shoes into the white shoe cubbies.
- Cover ups should be worn when arriving or leaving the space.
- No excessive talking during class.
- Regular attendance is important.

ATTENDANCE

- Attendance is important in a weekly dance class.
- Enrollment is from Mid-August-May
- Missed classes will not result in prorated tuition or a refund.
- Make-up classes will be scheduled by email at thespace@projectdance.com. Dancers may attend missed classes at their level or lower and dancers must get prior approval to attend.
- Excessive absences may delay in the promotion of a dancer.

CLASS CANCELLATIONS

Classes are occasionally canceled because of extreme weather conditions. You will be contacted by email if your class is canceled. It will also be noted on the FB page.

RESTROOMS

Please ensure that your dancer has used the restroom prior to attending class. Only attending students are permitted in the restrooms.

DRESSING ROOMS

Plan to arrive dressed and ready to dance.
Let's do our best to only utilize the restroom when using the facilities.

QUESTIONS AND CONCERNS

To schedule a conference with faculty and staff to address any concerns call 828-263-4823 or email us at thespace@projectdance.com and leave a message or email.

Please mention your name, your child's name, a daytime and evening phone number and the nature of the scheduled meeting.

Please refrain from attempting to resolve important issues before or after class unless there is an emergency. Our classes are timed back to back and our faculty are focused on instructing your dancers during class times. Your concerns are valuable to us and we would like the adequate time needed to listen and resolve any issues.

PRIVATE LESSONS

Private lessons with our faculty members can be arranged by emailing thespace@projectdance.com

PARENTAL/GUARDIAN RESPONSIBILITY

It is the responsibility of the parent(s)/guardian to be aware of all activities in our space, such as but not limited to: observation days, Holidays, showcases, extra classes, practices, dates the space is open/closed. Posted notices, emails & the use of our Facebook page will offer updated information.

It is also the parent(s)/guardian's responsibility to inform us of any address / email / phone # changes or updates. If you are not receiving email communications please contact thespace@projectdance.com to share updated or correct contact information.

SAFETY

Your dancer's safety is of utmost importance to us.

- At the end of class, please make eye contact with our faculty as exiting. This ensures that we know where your dancer is while arriving and leaving classes.
- If someone other than a parent/guardian will be dropping off or picking up your dancer, please let us know.
- If you wish to give your dancer permission to enter or exit without you, please notify us of the arrangement.

SCHEDULE AT A GLANCE

FIRST DAY OF DANCE CLASS 2022

August 22

HOLIDAYS

There will be no regularly scheduled classes on the following dates:

Thanksgiving November 21-25

Christmas December 19-December 31

Spring Break Week Off Dates TBA

SPRING SHOWCASE

May 21, 2023-Year-End Performance

LAST DAY OF DANCE CLASS

May 25

SPRING SHOWCASE FEES:

TBA

CLASS OBSERVATION

Parents may observe classes on the scheduled "watch" day. TBA

PERFORMANCE OPPORTUNITIES

The Space students will have the opportunity for the following performance opportunity during the 2022-2023 dance year.

A Carolina Snowbelle Christmas Show

December (1st weekend)

Rehearsals TBA

The Space Spring Showcase

Sunday May 21, 2023

More information concerning fees, rehearsals, and other needs will be shared in early winter.

Thank you and welcome to The Space @ Project Dance

2743 NC HWY 105, Unit C, Boone, NC 28607

<https://www.thespaceatprojectdance.com>